



Lit & Wake

SEPTEMBER 2021



St. Patrick's Academy

Celebrating Our Guiding Lights

I am not a teacher, but an awakener.

Robert Frost

As it is said, 'teaching is one profession that creates all other professions'.

Teaching can be abstract or concrete, it can be intellectual or conceptual, creative or regular; it is about past, present and future, it's about awakening- as Frost quoted.

The ones to carry the flame of knowledge, teachers, were felicitated in our school on the 28th August, 2021 in a small function organized for them. The school preponed the celebrations from the 5th Sept, the official Teachers' Day, so that the half yearly exams could go uninterrupted for our students.

Brother Saji. V. J., addressed the teachers, congratulated them and acknowledged their hard work. He also stressed on the fact of the importance of the work teachers do as they have the ability to change the world for better with their dedication and inspiration.

The programme comprised of fun games for the teachers, great food and lots light hearted moments which were relished by all.

Guy Kawasaki worded it perfectly when he said:

If you have to put someone on a pedestal, put teachers. They are society's heroes





The Purpose and Premise

The day was 2nd October and in spite of it being a National Holiday in India, I was working that day with pre-schoolers in a private school in Oakville, Ontario as a supply teacher that day. (Supply Teacher: On call substitute teacher) Having recently migrated to Canada, I was still in process of getting my credentials updated.

As the children were busy playing, one of an aggressive child in the lot, hit a little girl, Sophie, hard on her face. Sophie, an exceedingly, lovable girl burst into crying. The child, Jacob, who had hit her was from a broken family, and sought negative attention most of the time. He could get really rough at times, I was indicated later on.

After warning Jacob, the main teacher took Sophie in her lap, gave her the first aid and advised her that if he hit her again, she could hit him back. Sophie, just three, looked at the teacher for some time, as if collecting her thoughts, and responded by saying that it would be a wrong thing to do as her mom had told her that hitting others was a 'rude' thing to do. The teacher was speechless and embarrassed both. I was, equally, moved by Sophie's words. I asked the teacher if I could talk to the children on 'Gandhi' as it was his birth anniversary that day.

Now 'Gandhi' is a name most of the people in the world have heard of; the teacher readily agreed and even sat with the children to know more about him.

How to explain Gandhi to the little ones, that was my dilemma-I started with the words like non-violence, tolerance, truthfulness and realized that those words were too abstract to teach to the young ones. The children looked bored and were getting restless. As I was grappling to find the correct words, I had my 'eureka' moment. The school had one standard rule for its students- No hitting, No Pushing, Only Gentle Hands! Taking a cue from the rule, I explained to the children that Gandhi was one big believer of these words and that's how he got freedom for India from the Britishers.

So, as we celebrate Gandhi's birth anniversary this year, we just need to remember these simple words when we get angry or upset with others over trifle things- No hitting, no pushing, use only gentle words or hands! There is nothing that we cannot solve by listening to others and showing empathy.



Manjari Sharma
Editor

So Far, So Good!

So far, the year 2021 has been full of positivity. The summer this year, was a wonderful and pleasant experience. It was our escape from the restrictions that Covid-19 had put on us. The Government allowed the schools to reopen for senior classes. The beginning of offline learning proved extremely advantageous for us as we were able to understand our lessons better. Our school has also provided an opportunity to the students who are unable to attend school by utilizing the 'HYBRID' classes where students could learn online as well.

Our school has been careful about the current situation and has taken the required precautions to ensure that safe and effective learning is provided to all. The students have observed that the type of learning provided in school is the best way to study. The face-to-face interaction with the teachers and being able to clear our doubts was something we lacked in the online classes. The teachers at St. Patrick's Academy make sure that their students feel comfortable while they study.

The children are doing better in studies. Our school, St. Patrick's Academy, has introduced the E- Newsletter where the students of our school can contribute through their writings. The Editorial board of Lit & Woke has a team of energetic and enterprising teachers and students together and our focus is to encourage the maximum number of students to become literately aware. We urge you all to use this platform to present your thoughts, aspirations and views.

Keep writing!



SRIJNA GHALE
Student Reporter



The Teenage Talk

Sarah was a brilliant student till she was in the 8th grade. When she got promoted to the 9th at beginning of the high school, she was not able to cope up with the vast syllabus, her hormonal changes added fuel to fire. She felt different emotions. She was confused; she didn't understand anything in the class. She wasn't able to answer any question in the class. This crushed her self-confidence. She started getting distant from everyone. The girl, who used to be bubbly and cheerful once, was now silent and hushed. This affected her grades as well. She used to get 85 marks above but was now getting only 55. Her grades started deteriorating with every test she gave. Although her parents noticed the change in her behaviour, they considered it as one of the effects of hitting puberty, but little did they know about what was going on inside her. Her self-esteem, her confidence, her cheerfulness, everything faded away because the pressure of performing better; she constantly fought with her stress and anxiety. Her parents kept pressurizing her, but not even once took the initiative to ask her, "Are you okay?" or "What's wrong?"

Many of you while reading this would think that I portrayed the parents as 'evil' here. It's not the parents fault as not everyone's parents are psychologists who would immediately come to know what's inside you.

I'm pretty sure most of you would relate to Sarah. As, the teenagers during our puberty feel the same. As teenagers turning into adults, it's difficult for us to control our emotions and get used to the world where all you get is betrayal and it's you who ends up being hurt. In one instance, you are considered a kid when important decisions are made in the family and the other instance you are expected to take up responsibilities like a matured adult. At this point self-control is really important. "C'mon!!!! Don't act like you are too learned, things like these like can only be said and not followed, did you ever try to control yourself." This is what you all would most probably think after reading this but do you know I actually tried it and it DID help.

All you need to do is to put a little bit of efforts and see how everything magically transforms into what you always wanted it to be like!!!

ALRIGHT! It's obvious you won't get time to put efforts, You all must be so busy. Let me make your work easier. You just need to follow what's written ahead or maybe at least try doing it.

So, here we have some habits you should add to your routine:

1) TALK!!!!!!

Talk people, TALK!!!!!! Don't keep everything inside or you might explode someday, don't think yourself to be a black hole that engulfs everything.

Talk to your parents, if not to parents then talk to your elder sibling, if not anyone from family then talk to your teachers and if not comfortable with them too then talk to your seniors. Talk to the ones you trust and let it all out.

Now if I ask you to talk that doesn't mean you keep blabbering nonsense all the time.

2) SMILE

By asking you to smile I do not mean to fake a smile. Smile genuinely, smile while you talk to someone. Whenever, you feel down, look at the mirror, SMILE and say "I love myself".

IT MAKES A DIFFERENCE!!!!!!

3) EXERCISE

And from exercise I do not mean to ask you to join Gym and start working out. Just do a small amount of activities daily and it will help you to reduce stress. A walk at the night after dinner, 5 minutes of stretching early in the morning and jogging might help.

4) SLEEP

Waking up till late night and using Instagram doesn't help. "Early to bed early to rise makes a man healthy, wealthy and wise." 7-8 hours of sleep every night is a must. Do not oversleep.

5) EAT HEALTHY

Everyone loves junk food but you shouldn't eat it in excess. Eat a balanced diet containing all the nutrients in right amount.

6) GIVE A COMPLIMENT

Give a compliment to yourself and praise yourself while looking at the mirror every day. Say out loud, "YOU DID GREAT TODAY BUDDY!". Also try complimenting others. If your comment makes them smile, you automatically feel happy.

7) TAKE A DEEP BREATH

Whenever you feel stressed and worn out

Close your eyes, turn on soft music, think of a happy moment no matter how small it is, Inhale slowly and then exhale throwing all the negativity and stress out with it.

8) ACQUIRE A HOBBY

A hobby helps you rejuvenate and relax. You can take out all your emotions while practising your hobby. Hobbies like painting, dancing and reading might help.

I hope this will help you all to some extent. Stay safe, Stay happy and take good care of yourself.



RIDDLES

1. I am full of holes I can hold water. What am I?
Ans. Sponge
2. What gets wet while drying?
Ans. Towel
3. What can't be used until it's broken?
Ans. Egg
4. What are the two things people never eat before breakfast?
Ans. Lunch and dinner
5. What has 4 legs and only 1 foot?
Ans. Bed
6. What has many keys but can't open any door?
Ans. Piano

JASNEET KAUR
6-E

My India- My Pride

India is one of the oldest civilizations in the world, spanning over a period of more than 4000 years, and witnessing the fusion of several customs and traditions, which are reflective of the rich culture and heritage of the Country. The history of the nation gives a glimpse into the magnanimity of its evolution - from a Country reeling under colonialism, to one of the leading economies in the global scenario within a span of fifty years. More than anything, the patriotic fervour of the people is the contributing force behind the culmination of such a development. The positive transformation of the nation, instills in us a sense of national pride in the heart of every Indian within the Country and abroad, and this section is a modest attempt at keeping its flame alive.

Facts of the Nation

The Code of Conduct of the Indian National Flag, which has been dubbed as Flag Code of India, 2002 is an attempt to bring together laws, conventions, practices, and instructions for the guidance and benefit of everyone concerned.

The song Jana-Gana-Mana, composed originally in Bengali by Rabindranath Tagore, was adopted in its Hindi version by the Constituent Assembly as the National Anthem of India on 24 January 1950.

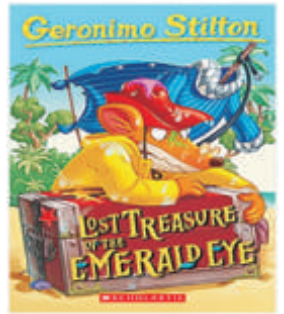
Anvita Sharma
Class: 7B



READING BOOKS- A GOOD HABIT

Reading is a very good habit. It should be everybody's hobby. Everybody likes reading, be it our parents, grandparents, sisters, brothers and others.

I, too, love reading books. I have read around 50- 60 books. I started reading and loving books when I was around 10. The first book which I read was at one of my best friends house which was of the series "GERONIMO STILTON" I loved it so much that once in a week I used to visit the library and take 7 to 10 books from there, and after around a month my parents gifted me 4 books of Geronimo Stilton, and because of the lockdown we all were at our homes so I used to read books and play with my sister and parents.



And then I started reading "DORK DIARIES" which is written by "RACHEL RENÉE RUSSELL" these books were so epic that now-a-days I am reading "DIARY OF A WIMPY KID" along with them which is written by "JEFF KINNY". In the first book of this series, it tells us all about cheese touch, Greg and his brother; Rodrick and it also tells that how his brother Rodrick troubles him and tells him all about the middle school, and how according to Greg it is the worst thing that has ever made in the whole world, and the books are also so fantastic that I am able to finish them in around three days.



AND NOW READING IS ONE OF MY HOBBIES!
AND I LOVE READING BOOKS VERY MUCH!

SHAMBHAVI PURI
CLASS- 6-E



RIDDLES

- Q What starts with T ends with T and is full of T?
- Ans: Teapot
- Q What goes up and never comes down?
- Ans: Age
- Q What is yours but others use it more than you?
- Ans: Your name
- Q Which comb does a bee use?
- Ans: Honeycomb
- Q What starts with a letter ends with a letter and is full of letters?
- Ans: Post office

Nandini Singh
6A



Tongue Twisters

- I. Kishan saw a kitten eating chicken in the kitchen.
- II. Betty bought some butter but the butter was bitter so Betty bought some better butter to make the bitter butter better.
- III. I thought a thought but the thought I thought wasn't the thought I thought I thought if the thought I thought had been the thought I thought I thought I wouldn't have thought so much.
- IV. How much wood would a wood chuck chuck if a wood chuck would chuck a wood chuck would chuck all the wood he could chuck if a wood chuck would chuck wood.

Nandini Singh
6A

Investiture Ceremony

The Investiture Ceremony is a solemn occasion where an educational institution selects the young students with leadership qualities to take up certain responsibilities and guide the other students on the right path. This team of students is also known as "The Student Council". This time, most schools conducted the investiture ceremony virtually but I am proud to say that our school St. Patrick's Academy celebrated its Investiture Ceremony auspiciously on the 10th of August, 2021, offline in the presence of the Principal Rev. Bro. VJ Saji, the school coordinators Ms Manjri and Ms Jigyasa, and the house mistresses. The Senior School Coordinator, Ms. Shubha was involved thoroughly- from the selection process to the execution of the ceremony. Ms. Kiran ensured that the programme ran smoothly.

Sadly, due to the ongoing COVID pandemic, the parents, teachers and other students could not join us. The program began with a prayer. The prefects marched spritely and majestically to receive their badges, followed by the oath taking ceremony. The oath was administered by the respective House Mistresses. The council members pledged that they would carry out their duties with integrity, faith and excellence. The Head Boy and the Head Girl delivered the vote of thanks which was followed by the school anthem which encouraged and motivated us greatly. The office bearers play a very



important role as they act as a role model for the entire school/college. These are the members of the Student Council 2021-2022:

Head Boy and Head Girl- Rishabh Upadhyay, Mauli Kukreti

Student Reporters- Jeffry Winson, Srijna Ghale

Fitzpatrick Captain and Vice-Captain- Manshika Srivastava, Shaurya Kathait

Fintan Captain and Vice-Captain- Kripali Mahendra, Akshat Garg

McMahon Captain and Vice-Captain- Anushka Singh, Aanya Raturi

Price Captain and Vice-Captain- Agrim Arora, Mehul Sethi

It was a proud moment for all of us. We shall carry out our duties to the best of our abilities.



Jeffry Winson
Student Reporter

FACTS ABOUT SCIENCE

- 1 TheTerm "science" or "scientist" was given by William Whewell in1833.
- 2 Marie Curie was the first lady to win prestigious noble prize, her contribution to the science is remarkable.
- 3 In an average human adult body there are 206 bones, whereas, in an human child's body there are 300 bones.
- 4 28th February of every English calendar year is celebrated as "NATIONAL SCIENCE DAY".
- 5 The earth was formed almost 4.5 billion years ago.
- 6 The Milky Way is the galaxy that contains several stars and planets along with our Solar System.
- 7 Leonardo da Vinci had made plenty of contribution to science with his theories along with being a painter.



Kinshuk Kathuria
8B

IMPORTANCE OF EDUCATION

Nowadays, education is necessary in everyday life. Education gives us many opportunities in our life and also changes the thinking of a person in his one's own life. Having education in an area helps people to do their work in a way that contributes to getting success in life.

In a student's life education plays an important role because it is a single way to succeed in life. It helps students in learning things indoor and outdoor. It helps them to plan their work accordingly and getting higher education by being graduated from a university.

Education is a great way for having a good career in life and by having a good career, we can achieve whatever we want in our life.

Education instills good habits in students. They learn the values of working hard.

Without education we can't achieve anything in our life. The importance of education is that "EDUCATION GIVES US WINGS TO FLY".

By **Archit Mittal**
Class- 8B



Mental Health

Today, one in every 5 teenagers has a diagnosable mental health disorder, such as depression, anxiety etc which are on the rise. Identifying teenage mental illness symptoms are difficult. However, mental illness in teens invites behavioural and mood changes that are far more extreme than average. At the ages from 10-19, a person goes through various physical and mental changes. It is very crucial at this age to make sure that the development process is going on. A mental illness is a physical illness of the brain that causes disturbances in thinking, behaviour, energy or emotion that make it difficult to cope with the ordinary demands of life. Everyone strives to be perfect- the perfect child to his/her parents, perfect students with a perfectly planned out future. Reality is far from perfect and change is the only constant known to mankind. We all have our flaws but we must accept them for our own mental wellbeing and move on. It is difficult but accepting our flaws makes us realise we are rare and above it all. Life has its ups and downs but you must make sure you don't let anything get to you as deep down you too know you are the best in your own way. Teenagers become mentally ill due to several reasons but raising awareness against mental illnesses is very important because people struggling with their mental health may be in your family, your neighbour, best friend or even classmate. However, less than half of the affected people receive proper treatment often because of the stigma attached to mental health in India especially. Mental illness in India is still a taboo. The World Health Organisation has declared India as the most depressed country in the years 2018-2019. India is a developing country that has transformed itself in a number of ways but despite all that, when it comes to mental health, there is a long way to go. 83% of people in India are suffering from mental health issues. Yet most aren't able to get help and others are too ashamed and feel awkward in seeking help for their mental health. A person feels healthy when they are well not just physically but mentally as well. If you are physically fine but have a mental illness, you are hardly going to feel well for sure. No matter how much people have fought, if their minds are conditioned with a variety of stereotypes such as 'Boys don't cry if they do so, people question their masculinity. Only girls should cry'. If someone shares that they are suffering through depression, they are termed as 'mentally weak'. The lack of acceptance towards people with mental illness is one of the top reasons that they feel awkward in sharing their problems. They fear that people would judge them if, understand them as a weak person and could be teased by their peers. They feel unable and find it difficult to share their problems with anyone. If left untreated, mental illness can contribute to higher medical expenses, poor performance at school, disinterest in almost everything and an increased risk of suicide. This is a safe space for each and every one of you. Treat mental health problems just as your physical problems and stop creating a taboo around mental illness. There will be a monthly issue in the newsletter about mental illnesses, symptoms, ways to cope, etc. And I hope all the students find it useful. If you are experiencing deterioration in your mental health, seek help immediately from your parent, guardian to see psychologists and if due to whatever reason you aren't able to, email your queries and problems to spamentalhealthisimportant@gmail.com for further guidance.

Manaar Khan

Noise Pollution

Noise Pollution also known as environmental sound or sound pollution, is the propagation with ranging impacts on the activity of human life and animal life, most of them harmful to a degree. Today, the average noise level is to 98 decibels exceeds the value of 50 decibels allowed for residential areas.

Noise pollution impacts millions of people on daily basis. Diseases are also caused due to noise pollution. Exposure to noise pollution can also cause Heart Diseases, Causing of High blood pressure, stress and also sleep disturbances. These health problems can occur in all ages, especially among children.

Noise pollution can cause harm to the wildlife. Studies have shown that loud noises cause a caterpillar's heart to beat faster and a bluebird to have fewer chicks.

Noise pollution is also a growing problem for marine life. The noise produced by ships and oil drills has left harmful effects on the aquatic animals. Whales and dolphins have been affected due to noise pollution.

It's a known fact now that noise pollution is a big threat to the environment. So we should take a pledge that we should reduce noise pollution as much we can and save our Earth.



Ananaya Mehrotra

6E

Facts gathered from internet



THE PEN IS MIGHTIER THAN THE SWORD

The conflicting claims of intellect vs. physical power can have never ending arguments in their support. Some contend that physical force carries all before it, whereas others hold that final victory rests with the intellectuals. In other words -who is more powerful...a writer or a soldier? Physically, of course, the soldier wields more power. But the might of the sword is superficial and temporary. It may subdue the flesh but is cannot touch the spirit, the soul of man. The writer, the man of ideas, the philosopher--- it is he who holds supreme sway over man's mind and heart. Ideas once born never die; physical conquests are short-lived. The empire which Napoleon, Alexander, Timur and Chingez built up for themselves, have crumbled into dust but the empire of Ideas which Socrates, Plato, Karl Marx and Shakespeare created have successfully withstood the ravages of time. What a poet, a philosopher, or the novelist places before the world is truth embalmed for ages. Every succeeding generation of humanity derives inspiration and guidance from them. Hence, it is quite correct to hold that in the final analysis the writer wields much greater power and influence than the warrior.

GAURI KHAIRA
6E

THE OFFLINE CLASSES : END OF THE COMFORT ZONE

On the evening of 24th March 2020, the Government of India ordered a nationwide lockdown as a preventive measure against COVID-19 pandemic in India. The schools were shut down and online classes concept was introduced worldwide to replace offline classes. It's now one year and six months of online classes. Finally, offline classes are getting started from 20th September 2021.

Based on my experience, I would like to share the pros and cons of the online classes. To begin with the pros, online classes provide extreme level of comfort zone to the students. They can attend class right from the bed. Every student gets the opportunity to perform in front of camera. The camera covers only School shirt and tie, so Pajamas give comfort to the lazy students. No need to worry about hunger pangs as a few snack packets are always under the table. Mother and siblings are always ready to assist in case of emergency. When teacher asks you a question, the answer is also a chat away (classmates' rock). When the results are announced, you can lower the volume. "Network Issue Problem" is the Anthem for those who don't know the answer.

The online classes have some Cons too. The Parents are observing you like a satellite, even a wrong answer to a question will have a double impact. No more bluffing about yourself. The Hero becomes Zero, when mom screams at you without realizing that the hero is in front of the class. It's no more a secret, how much respect you are getting at home. Even, forgetting to mute the microphone could leak the home secrets. The panic mode is on when electricity is not there or the laptop gets hanged. Most certainly, the battery of the laptop will die the moment you are about to give the correct answer. Your response to naughty siblings would result in nice scolding from both the parents and the teachers.

The teachers have magical powers to instantly notice our mistakes and nothing goes un-noticed. The age old excuse of forgetting notebook at home is no more valid. "Call you parent" does not take weeks, now it's on the spot and live with the instant results.

As offline classes are back to school, enough of the Comfort Zone. Let's move on towards the Success Zone.

(One little secret, I will miss online classes - Coming out of Comfort Zone is not a child's play).



Yogita Kumari- 8th B



YouTube is a very good platform to show your talent. You can do gaming, make skits, make vlogs, give tutorials etc.

If you will get 100k subscribers, then you can apply ads on your video to get your income. You can even do some weird stuff like making your own dish and tasting it etc. Now let me tell you about YouTube.

YouTube was founded on the 14th of February 2005 at San Mateo, California, United States. It was founded by Jawed Karim, Steve Chen, Chad Hurley. CEO of YouTube is Susan Wojcicki and the parent organization is Google from 2006. YouTube's headquarter is located at San Bruno, California, United States. I will now brief you about the rewards you get when you reach a particular milestone.

At 100k subscribers you get silver play button, at 1 million subscribers you get gold play button, at 10 million subscribers you get diamond play button and at 100 million subscribers you get a custom play button.

When I was a kid, I used to look some things which I hadn't seen in real life or not visited in real life like Statue of Liberty, Burj Khalifa etc. One day my brother saw me doing it and then he told me about YouTube. I loved playing games at that time so first of all I searched about gaming like I used to search on Google. Then few years later I wanted to create my own channel and I thought that no one in my family would allow me to make a channel so I didn't speak about it to them. But after a few months, the pandemic was declared and as a result we had to join online classes and we began exploring things on phone. It was my desire to make YouTube videos, so I conveyed my wish to my parents and they happily agreed. I am thankful to my parents who allowed me to do something that is creative and productive since then I have been making gaming videos and vlogs on my channel.

Pratham Tiwari

7B

This month we applaud for the following children who have made splashes with their talent.

Shambhavi Puri of class 6E won a silver medal in under 12, 10 MTR air pistol competition in Open Shooting Championship 2021 held in Social Balooni School.

The competition was held over a period of three days from the 9th to 11th Sep. She was pitched against shooters from the clubs all over Northern India.

My Golf Tournament

Since my exam dates and the tournament dates clashed with each other, I was in a dilemma what to do. Seeing my passion for the game, my school allowed me to participate in the tournament by adjusting my exams dates.



I could participate in two events which were held on 27th August and 3-5 September 2021. In the first tournament I won the 3rd position whereas in the 2nd tournament which was north zone national IGU feeder tour, I got the 4th position. In that event I played a wonderful round of 4 under on final day. However, my score on 1st day was not good; I had scored 8 over that day. Therefore, I finished 4 over in two days. I missed 3rd position by just 1 stroke, 2nd position by 2 strokes and 1st position by 4 strokes. My next North Zone IGU feeder tour will be held in Dehradun from 1-3 October 2021 at FRIMA golf course. I am preparing myself to get 1st position in this upcoming tournament at my home course.

Name:- Samridh Chand Thakur 6A

P.S.: Samridh also participated in 10meters pistol shooting championship held at Social Baluni School. His team won the 1st position in the team event.

CORONA WARRIORS

Doctors, Nurses and Policemen
Working day and night without ban
Are always on job day and night
Have no time to eat a bite
They are struggling to keep us intact



But I wonder how we can forget the teachers
Who are of hardworking nature
They are the God's best creation
Don't bother about their health and vacation
They fill the pail of knowledge
Boost our strength and courage
We must appreciate the teachers
For being our guardian angels.

Ishanvi Garg
2A

Importance of Assessment

The meaning of the term 'Assessment' is -the wide variety of methods or tools that educators use to evaluate, measure, and document the academic readiness, learning progress or educational needs of students. We can say that it is the process of documenting in measurable terms, knowledge, skill, attitudes and beliefs in a student. Through assessment an empirical data is given which helps the students to analyze their academic growth and progress. It also motivates them to improve in due course of time.



The assessment helps the students to improve and develop their intellect, knowledge, multiple skills and abilities. We all should take assessments in a positive manner and must perform better without getting stressed and panicked.

I had a great time during Term- I exams. I hope everyone enjoyed it too.

Abhinav Negi-VA

Co-Curricular Activities Enhance Learning

Co-curricular activities are generally carried out outside the normal classrooms but they supplement academic curriculum and help in learning by doing. Such activities help students to develop problem

solving, reasoning, and communication abilities. It helps students to enhance learning by improving their focus and creative thinking ability.

Therefore, students should be given more and more opportunities to explore their interests and talents and offer them a chance to switch to do something that they really enjoy.

Navya Malyal
VC

Strange Footprints

One day, while playing with my friends in the park, my ball rolled towards a nearby tree. When I went to get my ball, I suddenly saw some strange footprints. I called my friends to help me as I was really scared. We all decided to follow the trail of footprints.



While following the footprints, we reached a deserted house. We all were frightened as the house was looking creepy. We decided to go inside the house and investigate about the footprints. With fear in our minds and trembling hands, we opened the door ajar with a jerk. The house looked very dirty.

I almost fainted by the foul smell emanating from the house. The house was in a dilapidated state. There were cracks in the walls and roofs; doors and windows were broken. The house was fully covered with spiders' web. We heard some strange noise from the adjoining room that increased our heartbeats. We all were very scared to enter the room so we held each other's hands and kicked the door open. In the room, we saw a big black cat munching something.

The mystery of footprints was solved and we heaved a sigh of relief. We returned happily to our abodes. Our parents scolded us for coming home late but we really enjoyed exploring the footprints trail.

Anaya Chauhan - 5A

Trip To Jim Corbett Park

Jim Corbett National Park is India's most exciting Safari destination. It is one of the most famous national parks in India. It is situated in the Shivalik Range of Himalayas. We are lucky that it is situated in Uttarakhand, the state where we live. During Summer Vacation we planned to visit the famous and beautiful park.

We started from DehraDun early in the morning and it took us about eight hours to reach our destination. On the next morning, we took a safari for the ride to the National park, at first we were disappointed as we were unable to see any animals but as we went deep in the jungle, we saw deer, tigers, elephants, peacocks and etc. In evening we came back to our campsite. After having our dinner, we enjoyed the bon-fire that was arranged for us. We listened to music and danced on some famous foot tapping beats. The decoration and natural beauty around helped us rejuvenate a lot. Next day, we went for camping and did some sports activities. It was really fun.

It was a nice experience to visit the park and to see so many animals, roaming freely without any cage. It is one of the most enjoyable moments of my life.

I urge that everyone should visit the park to enjoy the beauty and serenity but don't destroy it and admire the animals. Love animals and preserve nature.

Mishika Jindal- VB

IF I BECOME INVISIBLE

If I become invisible it would feel great. I would be able to travel anywhere, do whatever I wish to and nobody would be able to find out me. I would sometimes get naughty with my friends and prank my classmates once in a while without anyone knowing that its me.

I will tease my Brother as he often does the same. I would surely try to do some good things too. I will help my mother in her daily chores as she is busy most of the time. I will help the needy and poor people. I will give them food, blankets and whatever they want. I will try to bring smile on their faces.

I will help the police in catching thieves and try to do something good for the society.

It will be fun.

MeherBhamra-VA

हिंदी हैं हम

मेघ मनपसंद रियल्टी शो

आज हमें हिंदी के विभिन्न शो आ रहे हैं। राजस्विक अर्थव्यवस्था के लिए समर्थन, प्रोत्साहन देने के लिए शो 'मेघ मनपसंद रियल्टी शो' का आयोजन किया जा रहा है। यह शो मनपसंद रियल्टी शो के विजेता को प्रोत्साहित करेगा।

खतरों के खिलाड़ी

खतरों के खिलाड़ी शो का आयोजन भी किया जा रहा है। यह शो खतरों के खिलाड़ी के विजेता को प्रोत्साहित करेगा।

फलों का महत्व



- 1) भारत देश में आम, आमर, सेब, अनार, पीपल, कई फल मिलते हैं।
- 2) विटामिन 'सी' से भरपूर फलों का सेवन करने से रोग दूर होते हैं।
- 3) कमर से कटे हुए फल नहीं लेने चाहिए, उनमें बैक्टीरिया हो सकते हैं।
- 4) फलों को खाने से हमें ताकतवर बनते हैं, और स्वस्थ रहते हैं।
- 5) फलों में बहुत मात्रा में फाइबर होता है, जो पाचन तंत्र को मजबूत बनाता है।

अनिका शील
कक्षा - 2D


छोटी का महत्व

छोटी-छोटी से मना,
छोटी अब कुछ होता।
माता सीने से पड़ा,
जबतु आर फल से।।

सफलता उन्हीं को मिलती है,
जो छोटी-छोटी अप्रत्याशित करते हैं।
कुछ लोग 'जल्दी करो' की शर लगाने से
हैं परंतु वे नहीं समझते कि प्रयोगशाला
का समय निश्चित होता है इसलिये
छोटी होने से कुछ नहीं होता।
अतः छोटी रह कर ही हम
सफलता व सम्मान प्राप्त कर
सकते हैं।

अनिका शील
कक्षा - 2D

बालिका का वह धरावर दिन



बालिका का वह धरावर दिन
जब वह खेलती थी खेलों में।
जब वह खेलती थी खेलों में।
जब वह खेलती थी खेलों में।

कर्म में खेलने का आनंद

प्रतिदिन हिसार के बच्चों में भूरी
शौचालयों उपलब्ध की प्रशंसा करते
हैं। लगभग 20 दिनों से 14-15 वर्षों
तक स्कूल से उपलब्ध रहते हैं।
कर्म में खेलने का आनंद।
कर्म में खेलने का आनंद।
कर्म में खेलने का आनंद।

आत्मनिर्भरता

आत्मनिर्भरता का अर्थ है- स्वयं पर निर्भर रहना।
आत्मनिर्भरता बहुत बड़ी है। अच्छे गुणों के बिना स्वतंत्र जीवन के
लिए अत्यंत जरूरी है। आत्मनिर्भरता से हमें अत्यंत सुख प्राप्त होता
है। इसके अलावा हमें अत्यंत शक्ति प्राप्त होती है।
हमारे जीवन में आत्मनिर्भरता बहुत महत्वपूर्ण है।
हमारे जीवन में आत्मनिर्भरता बहुत महत्वपूर्ण है।
हमारे जीवन में आत्मनिर्भरता बहुत महत्वपूर्ण है।

नाम- अक्षित मेहता
कक्षा- 4D

भारत-शान्ति प्रेम देश

भारत देश में बहुत प्रेम की भावना है।
भारत देश में बहुत प्रेम की भावना है।
भारत देश में बहुत प्रेम की भावना है।
भारत देश में बहुत प्रेम की भावना है।
भारत देश में बहुत प्रेम की भावना है।

जब मैंने पहली कविता लिखी

मैं बात-चाप खेल रहे थे। उस समय मैं कक्षा दो
में पढ़ता था। इसी समय में ही एक दिन मैंने कविता
लिखी। मैंने कविता लिखी। मैंने कविता लिखी।
मैंने कविता लिखी। मैंने कविता लिखी।
मैंने कविता लिखी। मैंने कविता लिखी।

नाम- अक्षित मेहता
कक्षा - 4D

मेरी सपनों का सारा

आज मैंने एक सपना लिखा।
मेरी सपनों का सारा।
मेरी सपनों का सारा।
मेरी सपनों का सारा।
मेरी सपनों का सारा।

एक रात मुझे बहुत नींद आ रही थी

एक रात मुझे बहुत नींद आ रही थी।
एक रात मुझे बहुत नींद आ रही थी।
एक रात मुझे बहुत नींद आ रही थी।
एक रात मुझे बहुत नींद आ रही थी।
एक रात मुझे बहुत नींद आ रही थी।

मेहनती चीरी

मेहनती चीरी।
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मेहनती चीरी।
मेहनती चीरी।

समय का सदुपयोग

समय अमूल्य धन है। व्यक्ति
के व्यक्तित्व निर्माण में समय का
महत्व असाधारण है। व्यक्ति
कभी नहीं लौटता, अतः जो व्यक्ति
समय की उपेक्षा करता है, समय उसका
साथ छोड़कर आगे बढ़ जाता है।
इसलिए यह आवश्यक है कि समय
के प्रत्येक क्षण का सदुपयोग किया
जाय।

सुख और दुख भी समय की
देन हैं। समय केवल उसका मित्र होता
है जो समय को बहुमूल्य समझता है।
व्यक्ति का झुंझुका व्यक्ति बेकार की
बातों में अपना समय नष्ट नहीं करता।

समय का दुसरापयोग मनुष्य के लिए घातक है।

प्रत्येक कार्य को करने के
लिए सतत सतत सतत व सतत
योजना बनाने चाहिए। समय में
जितने भी सतत सतत सतत हैं,
उन्होंने अपने जीवन के सतत -
सतत सतत का सदुपयोग किया है।
समय का सदुपयोग करना ही
सच्ची योजना है। समय प्रकृति की
समय के अनुसार हमें सतत सतत
है। जो व्यक्ति अपने जीवन के प्रत्येक
क्षण का सदुपयोग करता है, वह जीवन
में सतत सतत सतत रहता है।

चिन्माय सागर
कक्षा - 4D

इंटरनेट: एक संचार-क्रांति

इंटरनेट सबसे आधुनिक और
प्रभावशाली संचारमाध्यम है। यह
संसार के सभी कंप्यूटरों में उत्तम
सामग्री को आपस में जोड़ने का
कार्य करता है। इसके सहित मनुष्य
विज्ञान-सांख्यिक बन जाता है। इस
संचार-तंत्र से संचार जगत में सतत
एक क्रांति फैली हो गयी है। इंटरनेट
पर नाम की अत्यंत सामग्री उपलब्ध है।
यह नाम का अत्यंत कोष है। हर देश
के सांख्यिक-तंत्र, पुस्तकें, ऑनलाइन
आपस में जोड़ने का कार्य करता है।

कलम का महत्व

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समय का सदुपयोग

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Bloomin' kids



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